2015 Annual Report

Healthy People,

Healthy Communities

Introduction:

The Richland County Health Department is responsible for creating and maintaining conditions that keep people healthy. Richland County has a unique "public health system" comprised of individuals, public and private entities that are engaged in activities that affect the public's health. The residents of Richland County expect the health department to meet certain standards that we hope to accomplish through the implementation of our strategic plan. The three core functions of the Richland County Health Department are: assessment, assurance and policy development. To accomplish these core functions the department must strive to provide ten essential services:

- Monitor health status and understand health issues facing the community.
- Protect people from health problems and health hazards.
- Give people information they need to make healthy choices.
- Engage the community to identify and solve health problems.
- Develop public health policies and plans.
- Enforce public health laws and regulations.
- Help people receive health services.
- Maintain a competent public health workforce.
- Evaluate and improve programs and interventions.
- Contribute to and apply the evidence base of public health.

The Richland County Health Department has used established standards to: assess local efforts, develop a method of performance measurement, expand functions, and enhance activities to implement our strategic plan. It is the desire of our department to communicate the role of local public health and meet our vision and mission through the implementation of our plan.

Public Health
Prevent. Promote. Protect.

Board of Health

Loren Young,
Board Chair and
County Commissioner

Shane Gorder,
County Commissioner

Duane Mitchell,
County Commissioner

Ray Trumpower,
Fairview Representative

Terry Meldahl,
Sidney Representative

Kari Johnson,
Veterinarian Services
Representative

Melissa Boyer,
Citizen Representation

Our Mission:

"The Richland County Health Department is dedicated to cultivating individual and community involvement in all aspects of our health, safety, and wellness by empowering people to capitalize on available resources to achieve our highest quality of life."

Guiding Principles and Values:

- Helping Others- Be directly involved in helping other people, either individually or in small groups.
- Work with Others-Work as a team member toward common goals.
- Help Society- Do something which contributes to improving the world we live in.
- Influence People- Be in a position to influence the attitudes or opinions of other people.
- Public Contact- Have daily contact with the public.

Note from

The Administrator

On behalf of the Richland County Board of Health and the department staff, I am pleased to present our first annual report. We hope to highlight the activities and services your public health department has accomplished over the last year.

This year we have reflected on the mission of our department. Over the last few years we have been working to meet the immediate needs of our community. These needs changed drastically with the increase of oil activity in our area. The request for our services both increased and changed, stretching our capacity to meet community needs. This has presented us with the opportunity to reevaluate how we do business and reinforced the importance of having strategic planning process in place that gives us direction based on both quantitative and qualitative data.

The community building process that we initiated in 2005 has proven to be invaluable in meeting the ever changing needs. We continue to engage with various "action groups" that emerged from the development of our Community Quality of Life Strategic Plan. The goals and action plans of these important partnerships continue to be essential in creating an environment in which individuals in Richland County and the surrounding areas can be healthy.

In the up-coming year the Richland County Health Department will remain true to our mission, vision and values in providing the essential local public health services outlined in this report. The focus this year will include becoming an accredited public health department. Through accreditation we will ensure that Richland County residents have access to quality public health services that strengthen the overall health of our community. As part of the mission to improve public health services environmental health (county sanitarian) services and human services have been combined under one department. The department will also be engaged in enhancing our performance management system to assure that we are providing high quality public health services.

Please join us in making Richland County the healthiest place to grow up and grow old! We are always interested in ways we might improve so please feel free to contact me.

Sincerely,

Judith LaPan, MS, MBA
Lead Public Health Official
Richland County Health Department..

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Spotlight Projects

-MILLION HEARTS PROJECT

-“FRIEND OF PUBLIC HEALTH” AWARDS

-BIKE LANES IN RICHLAND COUNTY

-PUBLIC HEALTH ACCREDITATION

"Million Hearts" Project

Heart disease and stroke are the first and fourth leading causes of death in the United States. Heart disease is responsible for 1 of every 4 deaths in the country, and is the leading cause of death in Richland County, "Million Hearts® is a national initiative that has set an ambitious goal to prevention 1 million heart attacks and strokes by 2017.

The impact will be even greater over time.

Million Hearts® aims to prevent heart disease and stroke by:

- Improving access to effective care.
- Improving the quality of care for the ABCS.

  A: Take aspirin as directed by your health care professional.

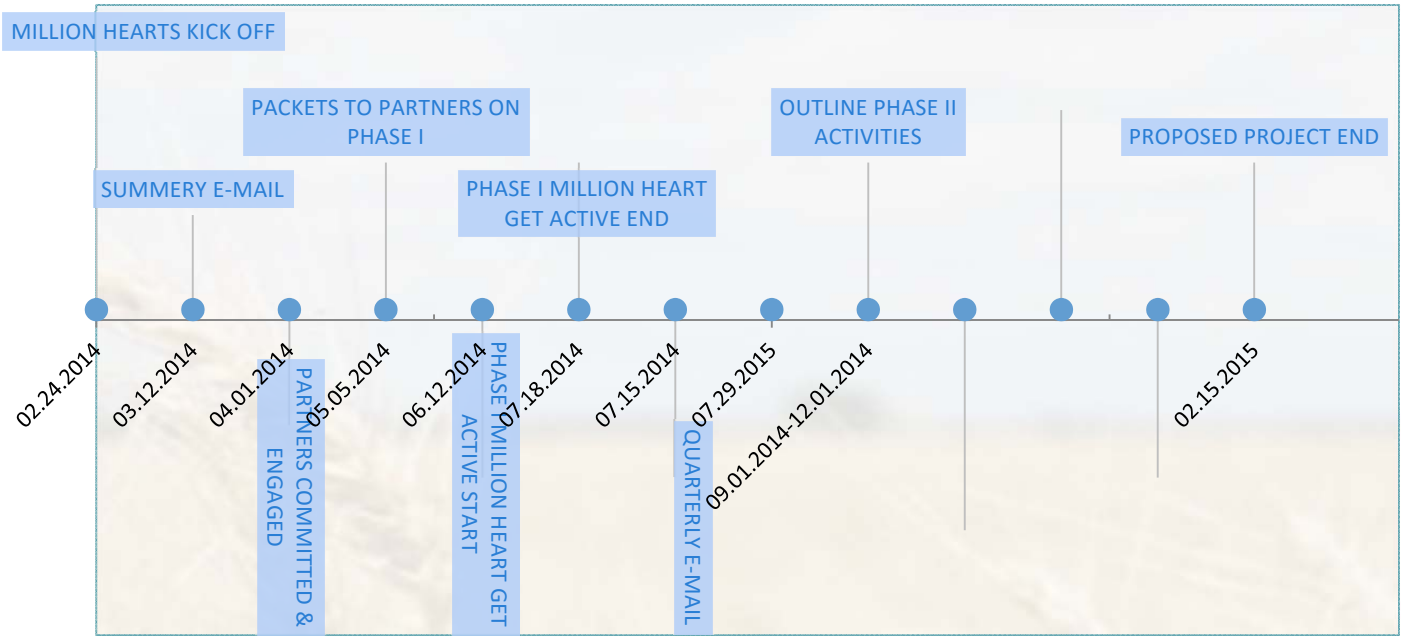
  B: Control your blood pressure.

  C: Manage your cholesterol.

  S: Don't smoke.

- Focusing clinical attention on the prevention of heart attack and stroke.
- Activating the public to lead a heart-healthy lifestyle.
- Improving the prescription and adherence to appropriate medications for the ABCS.

The Million Hearts® initiative in Richland County focused cardiovascular disease prevention in Richland County with education and activities spanning the local public and private sectors in an effort to do Richland County's part in preventing 1 million heart attacks and strokes nationally by 2017 and demonstrating locally that improving the health system can save lives. Achievements included establishing of new community partnerships both in the private as well as public sector, as well as a local awareness campaign highlighting resources of local health facilities, information packets were distributed by partnering health facilities to over 100 individuals in the community. The RCHD One in a Million Hearts Get Active packets included a pedometer, One in a Million Hearts education brochure, map of safe walking trails, walking/exercise log, healthy eating education and cook book, community resources on smoking cessation, as well as an invitation to participate in Phase I of the Get Active campaign. Fifty community members committed to the activities in the Phase I of the RCHD One in a Million Hearts Get Active campaign (see figure 2 below). Source: http://millionhearts.hhs.gov/



RCHD One in a Million Hearts Get Active Campaign Phase I timeline

RCHD Director Judith LaPan with Lew Barnett winner of RCHD One in a Million Hearts Get Active participant drawing.

An assessment of participants identified areas to focus on in future heart disease prevention efforts:

Most people surveyed:

- Exercised 2-3 times per week.
- Knew about the Montana Quit Line program
- Did not know their cholesterol numbers
- Did not know their blood pressure numbers

although more knew blood pressure numbers, than cholesterol numbers

- Most people surveyed got their blood pressure taken at the doctor's office and that is not often enough

Partners in the RCHD One in a Million Hearts Get Active Campaign

Richland County employees • Sidney Middle School • Sidney High School • Sidney West Side Elementary School • Richland County fair participants • Thrifty White Drug • Sidney Herald • Sidney Chiropractic • Sidney Health Center • Sidney Hospital • Cancer Coalition @ RCHD • Woman Infants and Children (WIC) • Montana Quit Line and Tobacco Prevention • Montana Injury Prevention

2015 Friend of Public Health Award

This year we recognized The Janae Moore Family. The Moore family lost their daughter in a tragic accident. Janae was texting and lost control of her vehicle. The family has spent the last two years telling their story in the hopes that it will keep other families from experiencing the loss of a loved one due to distracted driving. The Moore family has made many presentations at schools across our county and in the region including a presentation at Dickenson State University in Dickenson, North Dakota. Additionally, David Moore is in contact with state legislators to introduce and support legislation that will make distracted driving illegal in the state of Montana! As stated in the nomination letter, "The Moore family is not only giving of their time but their hearts in the effort to make Richland County and the state of Montana a safer place to live."

Past Recipients

Friend of Public Health Award

Richland County Commissioners 2013

Kelly Johnson

Sidney Middle School Principal

2014

The Janae Moore family received the Friend of Public Health award from the Richland County Health Department. Family members include, from left, Moore, Josh & Hailee Moore, Ainsleigh Moore, David & Terri Moore. Not pictured is Jozie Moore, who was providing a distracted driving safety program to XTO Energy employees in Dickinson, ND. (Photo by Bill Vander Weele)

Past "Friend of Public Health" award winners:

In 2013, **The Richland County Commissioners**, were selected for their continued support of public health. The Commissioners continue to see public health as an important element in our community. The commissioners were also nominated by the Communities In Action Steering Committee, to receive the Montana Public Health Association (MPHA) President's award. Commissioner Duane Mitchell accepted the award on behalf of the commissioners at the 2013 MPHA conference.

In 2014, **Kelly Johnson**, Sidney Middle School Principal, received the award because of the example she sets and her continued partnership in every public health program that has potential to benefit the community, her staff and the students. Albert Einstein said, "Strive not to be a success, but rather to be of value," and Kelly Johnson exemplifies this in her caring and compassionate leadership style.

After many years of work by the "Active Richland County" Action Group a bike lane became reality resulting in the article below.

Officials Worked Together for Bike Lanes

Bill Vander Weele |Sidney Herald
November 22, 2015

Local officials took the opportunity to thank Montana Department of Transportation officials this week for adding the bike lanes on West Holley Street this year.

"It's nice to see. It really makes me happy," Sidney Mayor Rick Norby said

Jeff Hintz, Sidney's public works director, said when he approached Glendive district administrator Shane Mintz about the idea, he received a positive response.

"I think the city deserves some credit here too," Mintz said. "Even their willingness to have no parking along there was important. We're thankful that the city was willing to do this."

Norby added, "It's a heck of an improvement to our city."

Hintz said he has seen people using the bike path since they became available in late October.

"People need to have options of how to move around," Mike Tooley, director of Transportation, said.

Mintz noted Sidney now has the only bike lanes in the Glendive district. When improvements are planned on East Holly in 2018, Mintz hopes to have a sidewalk at least on one side of the road.

Hintz said the city hopes to have pedestrian walkways all the way to Town Pump in the future.

Picture by Bill Vander Weele | Sidney Herald

RICHLAND COUNTY HEALTH DEPARTMENT HAS BEEN PREPARING FOR ACCREDITATION FOR SEVERAL YEARS AND APPLIED TO BECOME ACCREDITED IN THE SPRING OF 2015. STAFF ATTENDED TRAINING AND THE DEADLINE FOR DOCUMENTATION SUBMISSION IS MAY 2016.

What is Public Health Department Accreditation?

- The measurement of health department performance against a set of nationally recognized, practice-focused and evidence-based standards.
- The issuance of recognition of achievement of accreditation within a specified time frame by a nationally recognized entity.
- The continual development, revision, and distribution of public health standards.

The goal of the voluntary national accreditation program is to improve and protect the health of the public by advancing the quality and performance of Tribal, state, local and territorial public health departments.

PHAB's public health department accreditation process seeks to advance quality and performance within public health departments. Accreditation standards define the expectations for all public health departments that seek to become accredited. National public health department accreditation has been developed because of the desire to improve service, value, and accountability to stakeholders.

Richland County Health Department has been preparing for accreditation for several years and applied to become accredited in the spring of 2015. Staff attended training and the deadline for documentation submission is May of 2016.

Programs and Services

improving the health of Richland County Residents

Injury Prevention

The Injury Prevention Action Group at the Richland County Health Department includes local elected officials, law enforcement, health professions, prevention and treatment specialists, business, and community representatives with the goal to educate and inform on issues of community safety. In the fiscal year the group provided regular media contributions, outreach to schools, community trainings and efforts to effect policy in regards to no texting while driving.

2015 Annual Survey of Community Injury Prevention identified the following focus areas in order of priority:

- Reduce drinking and driving
- Over service of alcohol
- Promote public transportation of designated driver

$1,200.00 Foundation for Community Care Grant Received

These funds were used to purchase an Impairment and Distracted Driving mat that shows how difficult it is to drive in either circumstance. This has been used by youth groups during "Red Ribbon Week" celebrated in October.

Quick Facts

-Sponsor of the "Moore than just a promise" program at area High Schools

-PLX DNT TXT & DRV' mobile exhibit

-Three Regional Safety Meetings

-Raised $3,000.00 to be used for designated driver projects

Injury Prevention Team Spotlight Project

The Richland County Injury Prevention Team partnered with the Moore family to bring awareness to the dangers of distracted driving. On July 10, 2013 Janae Moore a Sidney High School graduate and Dickinson State student-athlete died in a distracted driving accident.

In 2014, her younger sister, Jozi Moore spoke to Sidney High School. For Jozi's efforts to educate on the dangers of distracted driving she received the Youth Champion Award from STAND. The Moore family along with Montana Highway Patrol Trooper, Nyle Obergfell and Richland County EMS collaborated on a program that would be taken to all High Schools in Richland County. The presentation consisted of Jozi as well as Trooper Obergfell speaking about the day of the crash, in their perspective. Trooper Obergfell shared his expertise in the anatomy of the accident and his personal reflections about the day Janae died. Emergency Medical Technicians from each community came to the presentations and demonstrated what happens in a vehicle crash and the recovery ordeal a survivor may go through as well as detailed injuries that can occur. The Moore family donated, "Moore than just a Promise" banners to display in each school. The program

allowed time for students to pledge not to text and drive, and in their own words testify about the dangers of texting and driving. Janae Moore's pickup was also exhibited at each high school hosting the Injury Prevention Team program adding a potent reminder.

As awareness grew in our community, the program was offered as community outreach and education. The Moore family was asked to present at Dickenson College, where Janae was enrolled at the time of the crash, in addition Jozi presented at three of XTO's regional safety trainings. The Injury Prevention Team and Jozi Moore are committed to present at the local Driver's Education Classes this fall. The Moore family also petitioned the Montana State Legislature to pass distracted driving laws in the state. The Injury Prevention Team with the support of the Moore family will continue to educate Richland County policy makers regarding local ordinances.

Janne Moore's vehicle was displayed in several locations in several locations in Richland County

Car Seat Safety Program

The Richland County Health Department (RCHD) Car Seat Safety Program has a certified car seat technician to provide hands on education to parents and caregivers regarding the age appropriate car seat, proper car seat installation and child restraint. Car seat use reduces the risk for death by 71% for infants and 54% for toddlers. Booster seat use in the age range from four to eight years reduces the risk for serious injury by 45% compared with seat belt only users.

At the Richland County Health Department we have car seats for infants, convertible car seats, belt positioning booster seats, high back booster seats and booster seats for older children. The Car Seat Program works closely with WIC, Sidney Health Center, Sunrise Women's Pregnancy Center, and law enforcement in Richland County, and the surrounding area. We collaborate with partners to ensure that there are other car seat technicians in our County. The department is very grateful to Russell Glaske, who has been a certified technician since the beginning of the program.

Quick Facts

2- Outreach Events

50 -Seats Checked

31-Total Seats Distributed

48-Children Reached

42-Parents/Caregivers

15- Volunteers Utilized

Spotlight Activities

The Car Seat program had 2 events this year. On September 27, 2014 the program had a booth at the Kids First Carnival held at the Richland County Events Center. On June 19, 2015 the Car Seat program and the Parents as Teachers program teamed up for a Car Seat Safety Check point at the Richland County Library in conjunction with Story Time. At the events the emphasis was on car seat checks and continuing education.

Driving Under the Influence (DUI) Task Force

Richland County DUI Task Force focused on public awareness this past year in promoting the Report a Drunk Driver (RADD) campaign. The campaign focused on community accountability. The total DUI's increased this year while traffic count numbers decreased. The RADD campaign as well as a larger force of experienced and better trained law enforcement agents is credited for the positive DUI arrest statics.

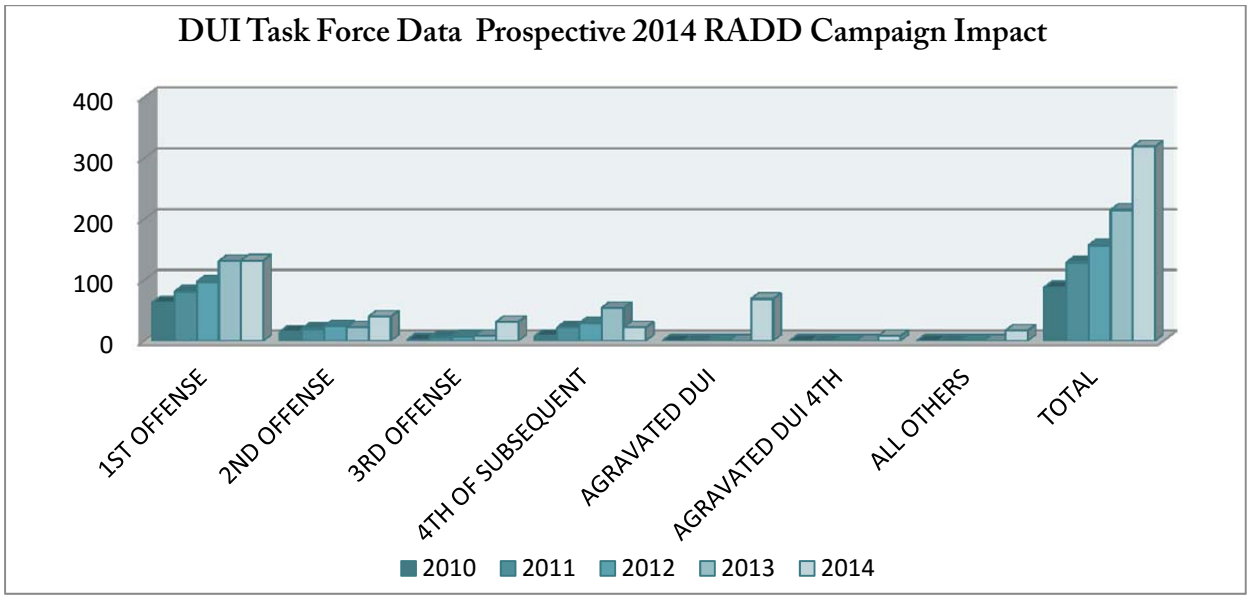
In 2014 Richland County enacted an ordinance that states ALL volunteers serving alcohol at public events must hold the same certification as the state requires for servers/sellers. Mary Sundheim, the task force coordinator, held three "Let's Control It" classes, certifying 24 volunteer servers who were scheduled to serve alcohol at public events in the community. The workshops focus on responsible alcohol sales and service by training servers to identify underage individuals and prevent over service as well as recognize impaired patrons to cease serving.

Quick Facts

-Assisted with a policy change that requires volunteers to be trained in alcohol service

-RADD Campaign developed

-Let's Control It Classes, certifying 24 volunteer servers



The Ride Token Project

Funds were raised to purchase ride tokens that law enforcement could hand out as they attended public events that serve alcohol. The group raised $2,000.00 to cover rides. These tokens were accepted for special events and during the holidays. The special events were marginally effective but the holiday effort was a great success. DUI's were reduced by 57% for the period of December 23, 2015 –January 3, 2016. There were no DUI's New Year's Eve in Richland County!

Family Planning Program

When individuals have the availability of family planning services it allows them to achieve desired birth spacing and family size, as well as contributes to improved health outcomes for infants, children, women, and families. This fiscal year in Richland County 258 individuals were served, over 50% of the clientele were in the 20-29 age range, with 123 individuals being new to the Richland County program of the 123, 52 of the clients were male, compared with 21 male clients for the 2010/2011 fiscal year a 67.74% increase.

In September of 2014 Richland County Family Planning (RCFP) added additional tests for sexually transmitted infections (STI). These tests included hepatitis C, hepatitis B, herpes, and syphilis. The additional tests do not qualify for income discounts under Title X services, the only federal grant program dedicated solely to providing individuals with comprehensive family planning and related preventive health services for individuals meeting income requirements. However, the tests are less expensive through RCFP than through a physician's office and have provided a source of revenue for the program.

Resource and referral is a key element to both programs. In Family Planning blood pressure is checked routinely. Clients are referred to a local provider when blood pressure concerns are found. Blood pressure checks present opportunities to educate clients about diet, exercise, and tobacco use.

Quick Facts

Family Planning – 258 clients from -123 new, 52 male, over 50% age 20-29

67.74% increase of male participants compared to fiscal year 2010/2011

Spotlight Project

Beginning in January Lambert and Sidney High Schools participated in an awareness campaign, The Potty Press. The campaign featured information made available in the student lavatories and included signs with the RCFP program hours and accessible services. Lambert High School also had information on safe and healthy relationships during Teen Dating Violence Awareness Month in February and on sexually transmitted infections or STI's during STI Awareness Month in April.

Immunizations at the Richland County Health Department

Why Immunize?

Before the middle of the last century, diseases like whooping cough, polio, measles, *Haemophilus influenzae*, and rubella struck hundreds of thousands of infants, children and adults in the U.S.. Thousands died every year from them. As vaccines were developed and became widely used, rates of these diseases declined until today most of them are nearly gone from our country.

- Nearly everyone in the U.S. got measles before there was a vaccine, and hundreds died from it each year. Today, most doctors have never seen a case of measles.
- More than 15,000 Americans died from diphtheria in 1921, before there was a vaccine. Only one case of diphtheria has been reported to CDC since 2004.
- An epidemic of rubella (German measles) in 1964-65 infected 12½ million Americans, killed 2,000 babies, and caused 11,000 miscarriages. In 2012, 9 cases of rubella were reported to CDC.

Quick Facts

HPV – Gardasil9

~Licensed in 2006 as HPV4, HPV9 licensed in December, 2014
~Proven cancer prevention
~RCHD administered 147 doses in 2014
~RCHD transitioned from HPV4 to HPV9 during 2015

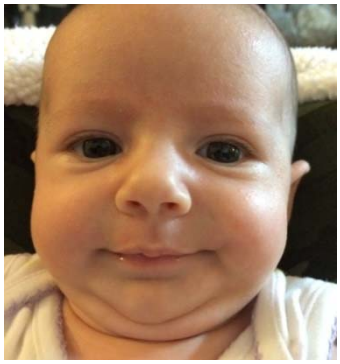
Influenza: 2014-2015 Season

~968 Private stock doses given
~Recommended for all people, 6 months of age and older

PCV 13 – Prevnar 13

~Now recommended for adults 65 years of age and older
~Has been used in infants since 2000 as PCV7 and 2010 as PCV13
~Medicare does cover the cost of this vaccine

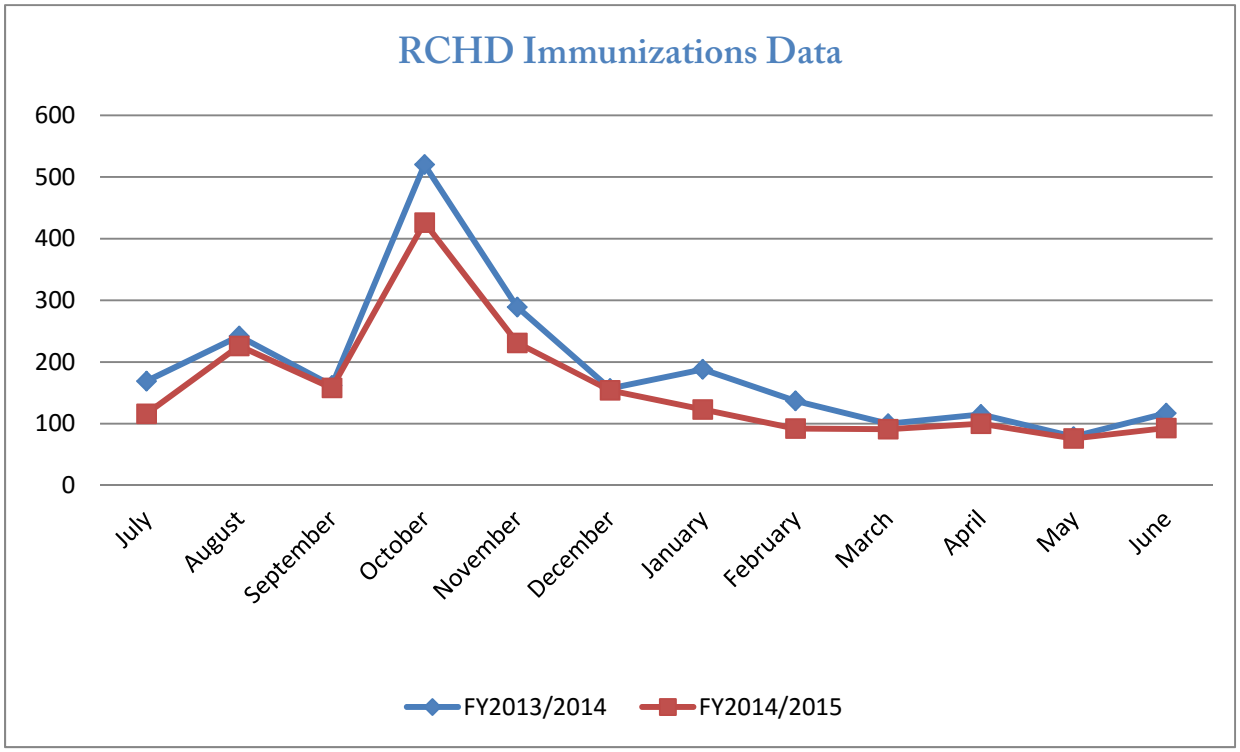
Vaccines don't just protect you.



Most vaccine-preventable diseases are spread from person to person. If one person in a community gets an infectious disease, he can spread it to others who are not immune. But a person who is immune to a disease because she has been vaccinated can't get that disease and can't spread it to others. The more people who are vaccinated, the fewer opportunities a disease has to spread.

If one or two cases of disease are introduced into a community where most people are not vaccinated, outbreaks will occur. In 2013, for example, several measles outbreaks occurred around the country, including large outbreaks in New York City and Texas – mainly among groups with low vaccination rates. If vaccination rates dropped to low levels nationally, diseases could become as common as they were before vaccines.
We know that a disease that is apparently under control can suddenly return, because we have seen it happen, in countries like Japan, Australia, Sweden, and in the United States as well as in

our own Richland County! The chances of your child getting a case of measles or chickenpox or whooping cough might be quite low today. But vaccinations are not just for protecting ourselves, and are not just for today. They also protect the people around us (some of whom may be unable to get vaccines, or might have failed to respond to a vaccine, or might be susceptible for other reasons). And they also protect our children's children and THEIR children by keeping diseases that we have ALMOST defeated from making a comeback. What would happen if we stopped vaccinations? We could soon find ourselves battling epidemics of diseases we thought we had conquered decades ago. (*Reference: http://www.cdc.gov/vaccines/vac-gen/whatifstop.htm*)



Women Infants and Children (WIC) Nutrition Education Program

The Special Supplemental Nutrition Program for Women, Infants, and Children (WIC) provides Federal grants to States for supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding, and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk. On average 117 individuals participate in the Richland County WIC program with $140,621.20 in benefits issued June 1, 2014 through May 31, 2015.

Quick Facts

WIC- Average 117 clients each month

WIC Benefits issued- this fiscal year $140,621.20

WIC INCOME ELIGIBILITY GUIDELINE

July 1, 2015 - June 30, 2016

185% Poverty

Household Size	Annual	Monthly	2 x Monthly	Bi-weekly	Weekly
1	$21,775	$1,815	$908	$838	$419
2	$29,471	$2,456	$1,228	$1,134	$567
3	$37,167	$3,098	$1,549	$1,430	$715
4	$44,863	$3,739	$1,870	$1,726	$863
5	$52,559	$4,380	$2,190	$2,022	$1,011
6	$60,255	$5,022	$2,511	$2,318	$1,159
7	$67,951	$5,663	$2,832	$2,614	$1,307
8	$75,647	$6,304	$3,152	$2,910	$1,455
Each Additional Member Add	+$7,696	+$642	+$321	+$296	+$148

Parents as Teachers (PAT)

The Parents as Teachers program is new to Richland County. Parents as Teachers (PAT) are a federally recognized, evidence-based home visiting program. Parents as Teachers seeks to provide the information, support and encouragement parents need to help their children develop optimally during the early crucial years of life. Parents as Teachers core belief is that, parents are their child's first and most important teacher. The PAT program is comprised of home visiting, hosting community group connections, delivering screenings, and compiling a resource network for referrals.

Our Richland County Health Department's (RCHD) PAT program began operating in October 2014 upon the completion of extensive training for the original two PAT staff members. We now have three Parents as Teachers staff members, and we are continuously growing the Parents as Teachers program in Richland County. There have been challenges with introducing a new program to Richland County, but we are using community outreach to engage local partners in the maternal and early childhood field. The RCHD Parents as Teachers program is now serving four families with home visiting services, which puts us at one-third capacity for home visiting clients.

Quick Facts

-3 Community Events with 84 participants

Richland County's PAT program has hosted three group connections this year. The first two group connections were focused on fine motor development, and the third group connections was focused on car seat safety. The average attendance for our group connections has been close to 30 children. In total, 84 children have participated in our Parents as Teachers group connections this year.

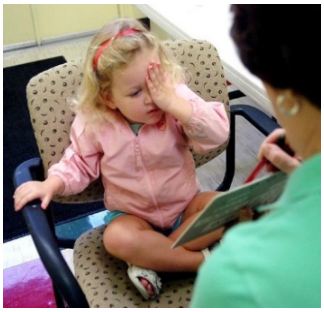
Spotlight Activities

The Parents as Teachers booth at the Sidney Health Fair in March 2015 was the first community engagement project for Parents as Teachers. The PAT program coordinator used mess-free finger painting to include children and discuss fine motor development with parents.

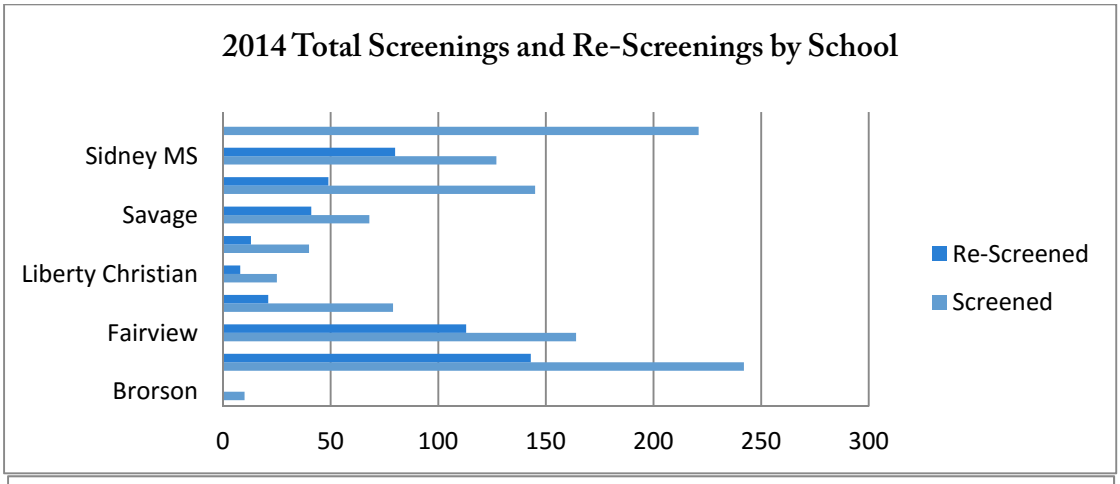
In June the PAT program teamed with the Sidney, Richland County Library's story time, and the Richland County Health Department's car seat program. Experienced car seat technicians were on site to ensure that car seats were installed correctly and answer any related questions from parents. Parents as Teachers provided a mini kids carnival to entertain the children while parents had car seats checked. The RCHD Home Visiting program coordinator used this activity to speak to parents about the PAT program as well as car seat safety.

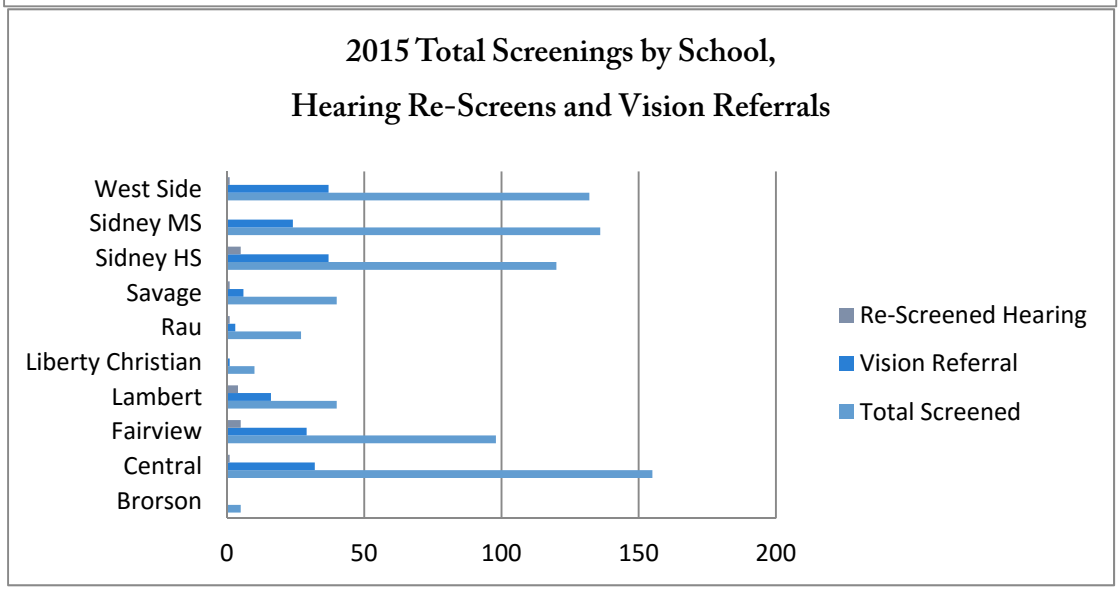
Student Hearing and Vision Screenings

This year the health department facilitated discussions between the Sidney Lion's Club and Dr. O'Brien, a local optometrist. The Lion's Club was considering the purchase of new technology



for vision screening that they would make available to the community. The meetings created a new partnership and volunteer opportunities for the Lion's Club members. Club members worked with the health department to test the machine and it was great for us to work with Lion's Club. We also, along with Dr. O'Brien, took this chance to assist our current process and make needed changes. Thank you to both the Lion's Club and Dr. O'Brien for assisting in screening 763 children in Richland County this year.





Montana Asthma Program (MAP)

Nine clients are currently enrolled in the program, an increase of five clients over the calendar year. Two of those are located in Dawson County and one is located in Roosevelt County. There will be two graduates in January 2016 with four more during the course of the year. Referrals are increasing as knowledge about the program expands by involvement with Medical Providers, schools, advertisements and word of mouth.

The MAP nurse attends the Big Sky Pulmonary Conference each February as well as being a member of the Montana Asthma Advisory Group, (MAAG), attending meetings (via conference call or WevEx) which are held three times per year.

From 2014: According to the Centers for Disease Control and Prevention (CDC) asthma is the most common long term disease in children. The Montana Asthma Control Program (MAP) is based on both the CDC's Community Guide effective program recommendations and on the Expert Panel Report-3 (EPR-3) asthma management guidelines. Montana Asthma Control Program is a home-based program aimed at assisting children and their families, and involves both environmental and educational elements. The Richland County Health Department's (RCHD) MAP program started March 2014, the parograms first client was enrolled a month later. In May 2015, MAP celebrated its first graduate. Clients graduate after being enrolled in the program for one year. Four clients are currently in the program and the RCHD has expanded to Dawson and Roosevelt Counties.

Maternal Child Health Block Grant (MCH BG)

Richland County receives federal funding passed down to the state as a block grant through Title V of the Social Security Act. This is the only federal program devoted to improving the health of all women, children and families. The MCH BG provides financial support to county health departments and state MCH programs.

In fiscal year 2014-2015, Richland County Health Department focused their block grant funds on assessing and increasing the percent of infants born to pregnant women receiving prenatal care beginning in the first trimester. This is a difficult number to accurately assess. We also had impacts including OB/GYN turnover and the Bakken economy that led people to our area for jobs. Some of those who arrived were pregnant and may not have tried to access care here prior to delivery or may have been referred elsewhere for care. At one point in time, the OB unit anecdotally reported having at least one delivery per month where the Mom had not had prenatal care at all.

At a national level, the Maternal Child Health Block Grant went through a transformation process intending to decrease or eliminate duplication of services with regards to the Affordable Care Act. At the annual MCH BG regional meeting in March, 2015, we were given the new options for the state or national measures from which we could choose one to focus on. We chose State Performance Measure #2 for Family Support and Health Education. We have taken much time to get this implemented and will need to report on the results next year, but we are excited as we feel this option will benefit the department as a whole. We believe we can serve families better by finding out what they really want or need, providing them what we can, referring them to outside services and doing the follow up with them to ensure they are satisfied.

Fetal, Infant, Child and Maternal Mortality Review (FICMMR)

One of the required activities in our contract with the state for the MCH BG funds is that our health department is to coordinate and lead a local Fetal, Infant, Child and Maternal Mortality Review team as authorized in MCA 50-19-401 through 50-19-406. This team is tasked with reviewing deaths that occur to determine if it was preventable, and if so, how. The team is to identify and then implement prevention campaigns to hopefully stop any other Richland County residents from dying in the same manner. In 2015, the FICMMR coordinator worked closely with our Injury Prevention team to carry out a month's long distracted driving education campaign. Specifically, the FICMMR coordinator was able to identify volunteers in our county to either, move the pickup and trailer, or to allow the display to be parked on their property for a period of time.

Other topics that the team has identified for community education or awareness that haven't been implemented yet include: ATV safety and Snowmobile safety/education.

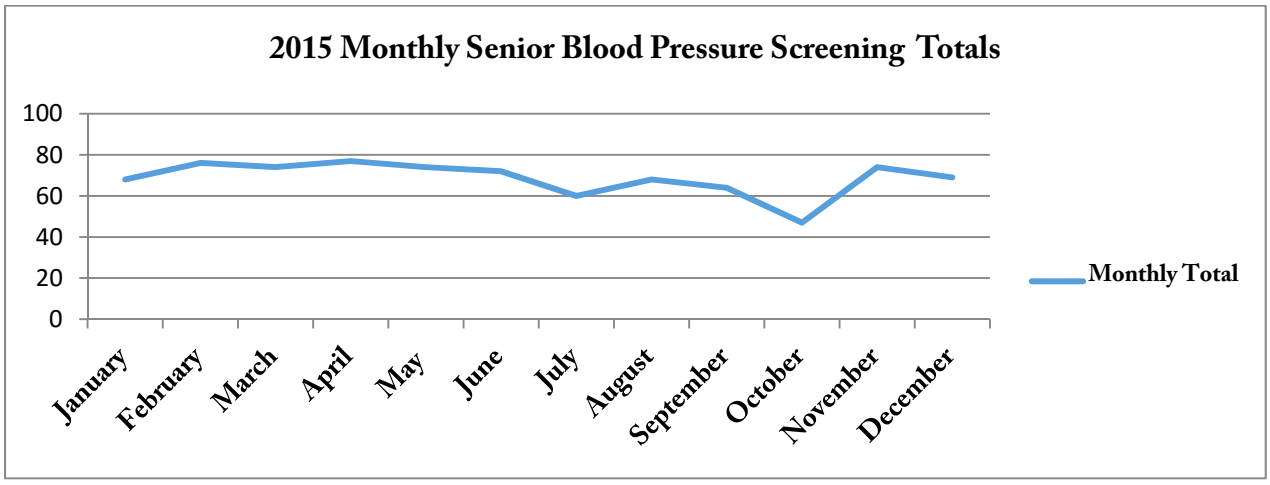
Senior Screenings and Services

Richland County Health Department carries on a long-standing tradition of public health by travelling out to residents to provide information, screening and resource referrals. We have a nurse who visits at Senior Centers in Fairview, Lambert, Savage and Sidney on a day they are serving a congregate meal. We also add a fifth stop at Crestwood, which is an assisted living facility located in Sidney.

Screenings provided are blood pressure reading, pulse oximetry, pulse and on request, blood glucose testing. In addition to taking advantage of this opportunity to have their blood pressure monitored at regular intervals, we encourage clients to keep a written record of their readings and do supply them with a variety of cards or a calendar to do this. Taking this one step further, we educate clients about the importance of a medical home and suggest they share their readings with their provider when they go to scheduled check-ups.

The scheduled visits allows our nurse to be able to take information about upcoming events or activities, for example when we expect to start influenza vaccinations, out to the attendees at the senior centers as well as to bring back anecdotal stories or concerns from the senior centers to the health department.

These services are provided through county tax dollars.



Worksite Wellness

Julia Lee, the Cancer Control Program Coordinator, became certified in December for the WELCOA's Seven Benchmarks: Beginner Certification. WELCOA (The Wellness Council of America) is one of the nation's most respected resources for building high-performing, healthy workplaces.

WELCOA adheres to a steadfast set of beliefs.

- Health care costs are an issue of significant concern;
- A healthy, high-performing workforce is essential to America's continued growth and prosperity;
- Much of the illness in the U.S. is directly preventable;
- The workplace is an ideal setting to address employee health and well-being;
- That workplace wellness programs can transform corporate culture and change lives.

Julia has been working with the Health Department staff in implementing new and effective programs to help make the workplace healthier and has recently signed on with Reynolds Market to implement a worksite wellness program over there.

7 Benchmarks of a successful Worksite Wellness Program

Capturing Senior Level Support

Creating a Cohesive Wellness Team

Collecting Data

Crafting an Operating Plan

Choosing Appropriate Interventions

Creating Supportive Environments

Carefully Evaluating Outcomes

Montana Comprehensive Cancer Control, Cancer Screening and Cancer Coalition

The Montana Comprehensive Cancer Control Program is funded through a Center of Disease Control block grant. Comprehensive Cancer Control has a broad definition focusing on a coordinated approach to reduce the incidence, illness and death of cancer through prevention, early detection, treatment, rehabilitation and palliation. The Richland County Health Department manages Site 13 and has three programs dedicated to cancer awareness and prevention: The Montana Cancer Control Program, Cancer Screening Services, and the Cancer Coalition @ RCHD. Site 13 covers the Montana counties of Dawson, Fallon, McCone, Prairie, Richland and Wibaux. The cancer screening program focuses on early detection and treatment and has 75 breast and/or cervical screenings available to residences residing in Site 13. The screenings are available to individuals who meet the income guidelines and are free of charge in most cases. The screening program also has available five colorectal screenings for Site13 residents who meet the parameters of the program. With the Montana Cancer Control Program the community is engaged in the prevention through work site wellness programs as well as the provider colorectal tool kit. The Cancer Coalition at the Richland County Health Department (RCHD) focuses on awareness and is a collaboration of public health and health care professionals as well as interested community members dedicated to advancing the objectives outlined in the Montana Comprehensive Cancer Coalition Plan utilizing public events and various public service announcements as well as the monthly Cancer Coalition newsletter.

Quick Facts

48 women received breast/cervical screenings

$49,000.00 raised through Cancer Coalition activities

$29,000.00 granted through Cancer Coalition Fund to 38 local individuals with 24 different cancers

Cancer Coalition @ RCHD Spotlight Project

The 10th annual Best Kept Secret Bra Auction was held May 1st, 2015. The annual event benefits the Cancer Coalition Fund housed at the Foundation for Community Care. The Cancer Coalition @ RCHD established the Cancer Coalition Fund also known as the Cancer Coalition Aid Fund (CCF-CCAF). The fund is designed to help individuals with a cancer diagnosis and undergoing cancer treatment residing primarily in Richland County as well as Dawson, Fallon, McCone, Prairie and Wibaux Counties, residents of other Montana counties can be considered if seeking cancer treatment at the Cancer Center located in Sidney Montana. Applicants can receive funding to assistance with non-medical household expenses. This year's auction saluted the contributions of artisans throughout the auction's history in a pictorial timeline and raised nearly $46,000 to benefit the Cancer Coalition Fund which assisted 38 individuals, with 24 different types of cancer, for grants totaling $29,000.

Improving coordination with area health care providers (RHN)

The health department began discussion with Sidney Health Care representatives in reviewing the "Richland Health Network" mission. The network was created in 2000 and has continued to engage Sidney Health Center, Richland County Public Health and the Richland County Commission on Aging in partnering to address mostly chronic disease issues in our county.

Over the years the network has worked on several collaborative efforts including Million Hearts, Joint mass flu shot clinic and health screenings, and the Health Fair just to name a few.

With the increasing concern about the impact of chronic disease on our community the Richland Health Network will join forces to complete an assessment of the evidenced based services available in our county. Discussions began in 2015 and will continue throughout 2016 with a goal of developing a plan that addresses chronic disease in Richland County.

Evidenced-based public health and community-based programs to be assessed:

Program	Available in Richland County	Not currently Available
Arthritis Foundation Exercise Program	Available through Commission on Aging	
Walk with Ease		X – Similar Programs may be available at Health Works
Enhanced Fitness		X – Similar Programs may be available at Health Works
Asthma Education		X
Montana Asthma Home Visiting Program	Available at Richland County Health Department	
Cancer Screening Program	Available at Richland County Health Department	
Montana: Living Life Well		X
MT Diabetes Prevention Program		X
Diabetes Self -Management Education	Diabetes Education Program is available at Sidney Health Center	
Living Well with a Disability Program and Working Well with a Disability Program.		X
Montana Tobacco Quit Line and Tobacco Use Prevention Program	Available at Richland County Health Department	
Stepping – On Program		X – Not currently in place but being discussed by the Senior Health Coalition

Emergency Preparedness

One of the nation's key preparedness challenges has been determining appropriate state and local public health preparedness priorities. To assist state and local public health departments in their strategic planning, CDC developed 15 capabilities to serve as national public health preparedness standards.

CDC applied a systematic approach to developing the public health preparedness capabilities. The content is based on evidence-informed documents, relevant preparedness literature, and subject matter expertise gathered from across the federal government and the state and local practice community.

RCHD works with the Montana Department of Public Health and safety to be sure that our Public Health all hazards plan is reviewed updated and shared with partners. The emergency preparedness coordinator meets monthly with the Local Emergency Preparedness Committee (LEPC) and the RCHD Administrator on the State Emergency Response Committee (SERC).

Quick Facts

Manage a potential Measles outbreak, keeping our county Measles free.

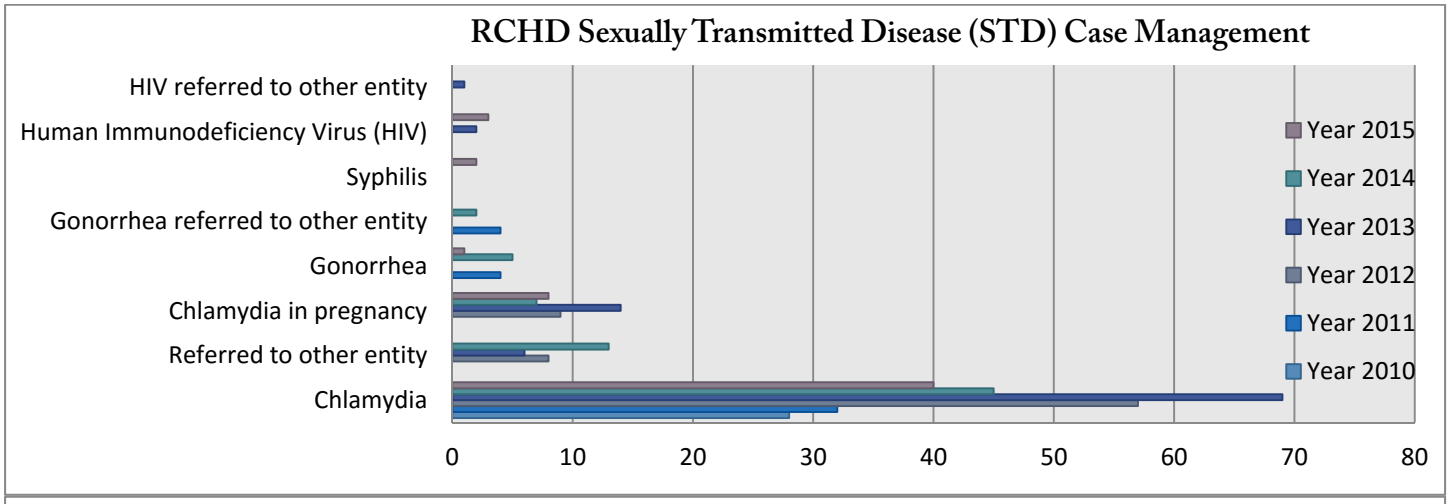
Flood

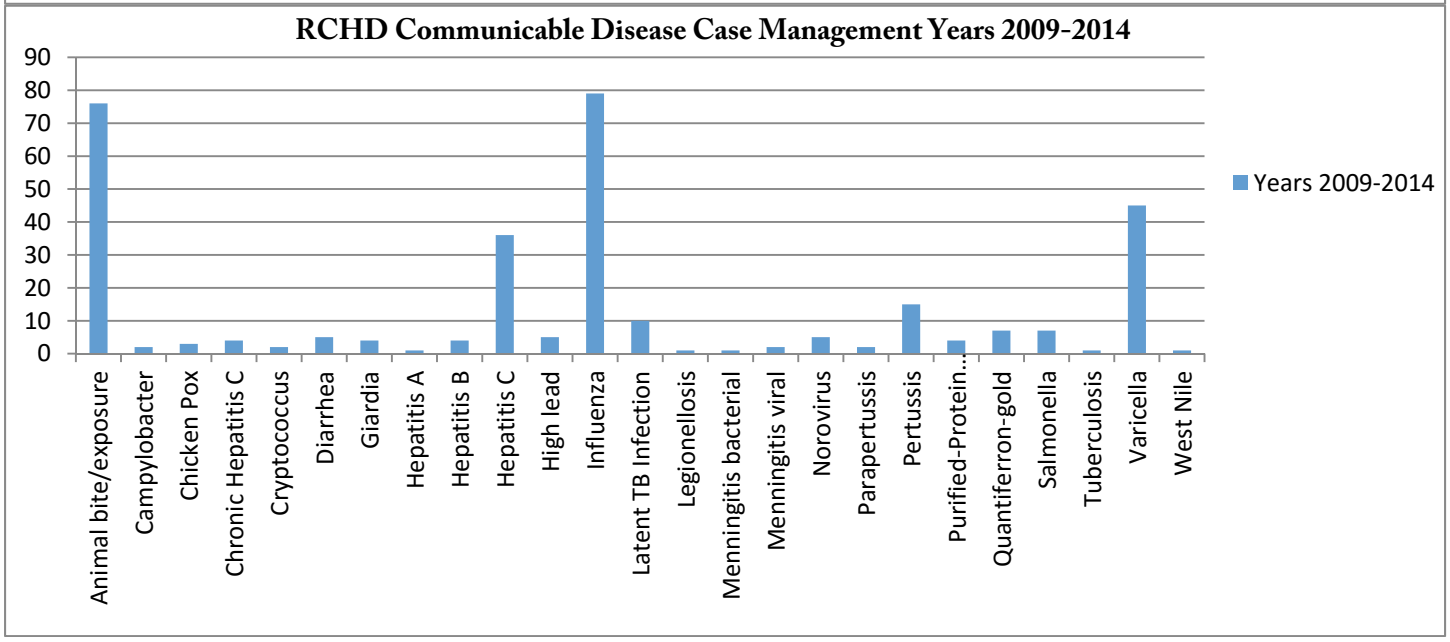
Disease Surveillance Program

Infectious diseases are a leading cause of illness and death throughout the world. The mission of the Richland County Health Department Communicable Disease program is to reduce sickness and possible death due to communicable disease. Communicable or infectious disease is disease that spreads from one person to another or from an animal to a person. Spreading of disease can happen through airborne viruses or bacteria also from contact with infected blood or other bodily fluids. Some examples of communicable diseases are whooping cough or pertussis, Hepatitis A, B and C, influenza, measles, salmonella and other food borne illnesses.

Communicable disease management is done through reporting, monitoring, with communicable disease case administration, incident investigation, outbreak intervention, worker and patient training, and general public education. Our department collaborates with health care providers, schools as well as public and private businesses to safeguard the health of Richland County.

When an infectious disease is reported, all information is kept strictly confidential. Reporting and tracking are critical in helping us respond to potential disease outbreaks and track the health of our community.





Environmental Health General Information

Environmental Health Specialists/Sanitarians administer environmental and health programs for both public and private agencies and organizations in food protection and safety, water protection, septic systems, institutional health, assist with disaster response and communicable disease tracking.. The Registration signification denotes a level of expertise and competence based on education and experience that is nationally recognized within the environmental health profession. The Richland County Health Department has two Registered Sanitarians working in the Environmental Health department.

In the past fiscal year the Environmental Health office has established a Health Code, assisted in passing waste water regulations, completed a new policy and procedures manual for the office, simplified the septic system permit process and established a certificate program for septic system installers resulting in 14 certificates issued. Annual inspections responsibilities include hotels, mobile home and recreational vehicle parks, restaurants and mobile food service vendors as well as work camps in Richland County.

Hotels	10
Manufacturing	3
Mobile Home and Recreational Vehicle (RV) Parks	17
Restaurants/ Food Service Trucks	105
Work Camps	1

Quick Facts

-Health Code

-Assisted in wastewater regulations

-Simplified the septic system permit process

-Certificate Program for septic system installers

-14 septic system installation certificates issued

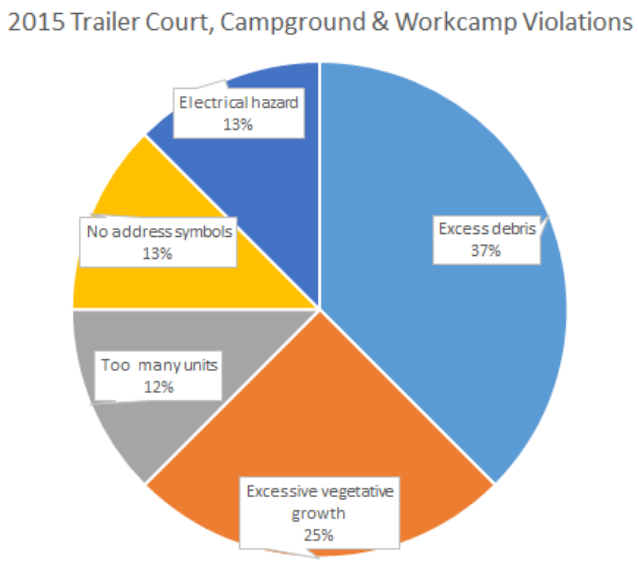
-139 Annual inspections

Plans for 2016

Richland County plans to take action in 2016 to decrease the number of critical and non-critical violations and require follow-up inspections in an effort to become more efficient in its use of resources and more effective in protecting the health of the public. Plans include:

- Providing establishments with guidance to prevent the most common violations
- Offering ServSafe training to licensed establishments
- Developing additional policies and procedures to ensure consistent application of rules and follow-through on both the part of the staff as well as the licensees
- Developing and submitting for approval regulation relating to temporary food service

Trailer courts, work camps, campgrounds



IN 2015, RICHLAND COUNTY WAS HOME TO:

3-LICENSED WORK CAMPS, WITH A TOTAL POTENTIAL CAPACITY OF 951 EMPLOYEES.

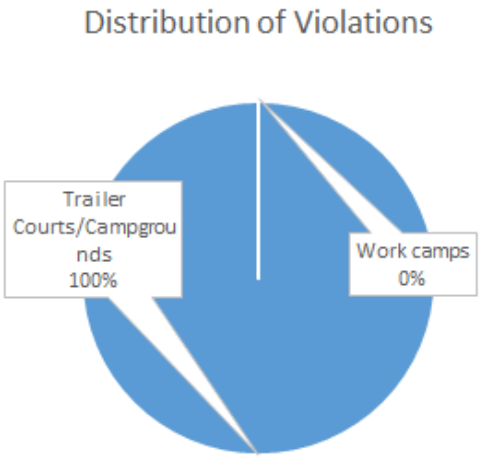
17-LICENSED TRAILER COURTS AND CAMPGROUNDS, WITH A TOTAL POTENTIAL CAPACITY OF 569 UNITS.

In 2015, Richland County Performed:

- 20 regular compliance inspections
- 4 follow-up inspections
- 1 pre-opening inspection for a new park

In 2015, Richland County Issued:

- 8 actionable violations over 5 licensed parks
- 5 compliance plans
- 1 approval for a new park
- 6 reminder letters



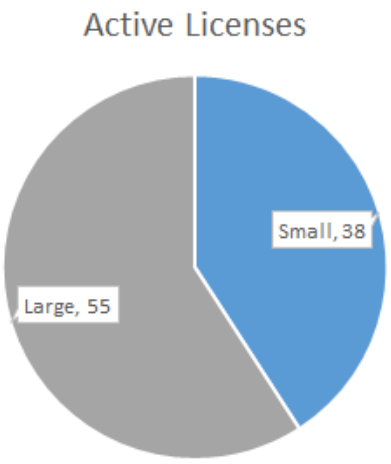
Food Safety

Richland County is tasked with inspecting each licensed retail food establishment at least one time per year through a cooperative agreement with the Montana Department of Public Health and Human Services (DPHHS). Establishments are inspected for compliance with ARM 37.110.2 and basic public health and food safety principles. Inspections are performed at random by a licensed sanitarian trained in food service inspections acting as a designee of the Richland County Health Officer.

The following report is a summary of these activities for 2015.

In 2015, Richland County was home to:

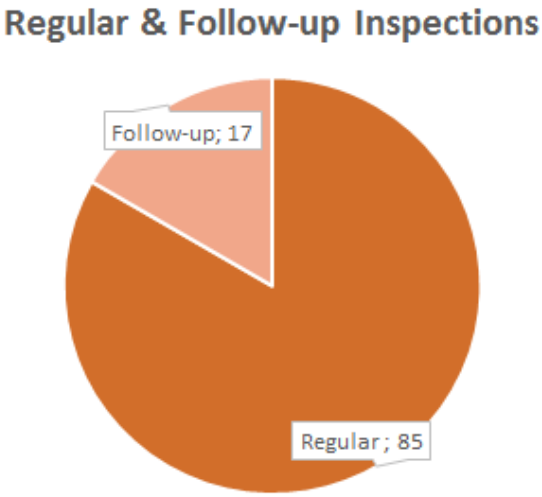
- 38 "small" retail food establishments
- 55 "large" retail food establishments



The number of licensed establishments' above includes only licenses with "active status, and does not include those licenses that have been inactivated for any reason. Inspections of "large" establishments are generally more complex than those in the "small" category, and result in more violations. Categories are based on the anticipated number of employees at time of licensure.

In 2015, Richland County Preformed:

- 85 regular annual inspections
- 17 follow-up inspections



Mental Health Local Advisory Committee

The health department is actively working in this area by facilitating the Mental Health Local Advisory Committee (LAC). The department administrator sets agendas and keeps meeting notes. The department worked with members to write a HRSA (Health Resources and Services Administration) grant this year for what was called the Bakken Behavioral Health Project. Although we did not get the HRSA grant the planning process paved the way for future activities. One such endeavor was securing behavioral health funding through the Montana Health Care Foundation. These funds will provide support in integrating behavioral health into primary care received through the Sidney Health Center. Funds will be used to educate partners in motivational interviewing and the process of integrating behavioral health into daily practice. Partnerships between Sidney Health Center and the Eastern Montana Community Mental Health Center will strengthen through this process. The grant also provides resources for training on billing to make the program sustainable. The LAC continues to support the Mental Health First Aid project and reinforce partnerships to improve access to mental and emotional health services.

Additionally, the department administrator sits on the Eastern Service Area Authority. This is the regional organization that is made up of a representative from each LAC. This regional group provides in-put and direction to the state in regards to local mental health needs.

Montana Tobacco Use Prevention Program (MTUPP)

The mission of the Montana Tobacco Use Prevention Program (MTUPP) is to address the public health crisis caused by the use of all forms of commercial tobacco products. MTUPP will work to eliminate tobacco use, especially among young people, through state wide programs and policies.

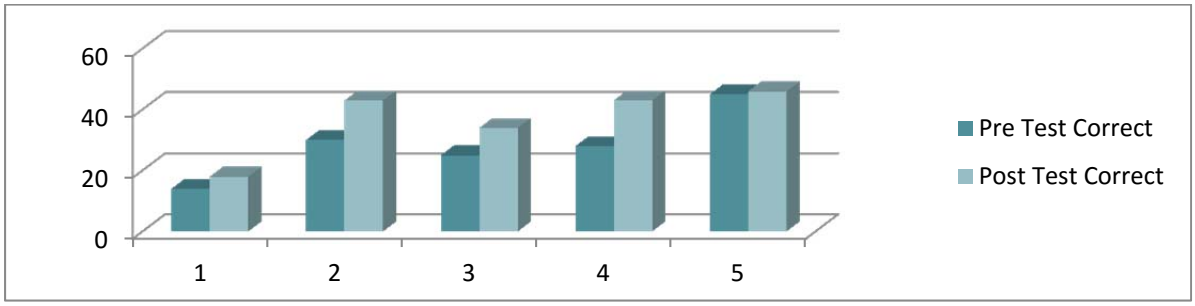
The goal of MTUPP is to reduce disease, disability and death related to tobacco use by:

- Preventing tobacco use among young people
- Eliminating exposure to second hand smoke
- Eliminating disparities related to tobacco use and its effects among certain population groups
- Promoting quitting among adults and young people.

One of our goals was to increase Richland County total number of calls to the Quit Line. State data showed the number one reason calls were being made to the Quit Line were from a referral by a doctor, so our output measure was to distributed Quit Line packets to providers and track the number being distributed. Our target goal was to have 20 total Quit Line packets distributed by doctors by the end of the fiscal year. As of June 1st, there have been 48 Quit Line packets distributed with a total number of 22 calls.

Kick Butts Day in pretty much our biggest tobacco prevention event. We distributed white vinyl kites to classroom, Boys & Girls Club and STAND groups to decorate with the theme. "Tell Big Tobacco to Go Fly A Kite!" We provided the kites and colored markers. The kites were used to decorate the MTUPP health fair booth held in April.

The Savage STAND 4 Youth students learned the dangers of tobacco and shared with their peers on Kick Butts Day. A pre and posttest was given with a 33% increase in knowledge. This exceeded our goal of a 10% increase of knowledge. From this collection of data we learn peer outreach hugely successful.



Active Richland County Action Group

The Active Richland County group, (ARC) began the year with several projects. The primary focus of the group is policies, resolutions and ordinances as well as the transportation section of the newly updated growth policy, downtown enhancement, the bike/walking path and other concerns for a safe and healthy Richland County. Added to the groups growing agendas is the Richland Community Complex in Sidney.

The ARC drafted a Safe Street Resolution for the City of Sidney which was passed on March 17, 2014. The goal for next year is a Safe Street Resolution for all the communities in Richland County. The ARC group has several members who have attended mobility institutes to further educate the group as a whole in better assisting Richland County. Eight ARC members attended the New Mobility West Community Mobility Institute in Bozeman, Montana. The Institute infused the group with additional ideas to enhance our community's health and safety. A Walk Around Town survey was done to assess downtown Sidney, the survey will generate future projects for the group.

"The Time Is Now, Together We Can"!

The Richland Community Complex Group

The proposed Richland Community Complex is a promising opportunity that can change Eastern Montana for the better. The ARC group has sought community input while also evaluating the needs of our area. Active Richland County envisions the Richland Community Complex as a focal point and hub in the region. Our group views the complex as encompassing senior activities, college classes, conference and meeting rooms, youth interests as well as walking and biking paths and green space.

We have a great location for this project. The Lone Tree Ranch Board of Directors representative Joe Russell states "The board has agreed to set aside land. I challenge the community to get behind this endeavor. We are excited to be a part of this project".

The group held their first fund raising event on June 13, 2015. The event was "REV'N UP THE RICHLAND COMMUNITY COMPLEX." Funds are held in the Richland County Community Foundation, to date **XX** has been raised with the goal to begin ground breaking in 2017.

Northeast Montana Retired & Senior Volunteer Program (RSVP)

The Richland County Health Department is the home of the five county Northeast Montana Retired & Senior Volunteer Program, also known as RSVP, continues to address needs in Daniels, McCone, Richland, Roosevelt & Sheridan Counties. RSVP is one of the largest volunteer networks for the Corporation for National & Community Service under the Senior Corp program. RSVP connects volunteers 55 and over with various community organizations to address community needs using the skills and talents RSVP volunteers have learned over the years.

Located in frontier Montana our communities are faced with some harsh challenges. RSVP volunteers have been serving Northeast Montana for over 15 years.

Some of the diverse challenges consist of;

- Seniors feeling forced to move from their homes because they require assistance with light housekeeping, shopping, and cooking nutritional meals also regular, intermitted or occasional monitoring and/or assistance with medication adherence.
- Seniors struggling with a sense of depression, irrelevance, isolation and loneliness.
- Veterans not being connected to critical services or resources.
- Senior Veterans feeling lonely and depressed because they don't feel a sense of association or appreciation.
- Rural communities with vast miles between neighbors, social services and critical medical facilities.

Quick Facts

RSVP volunteers keep senior's living independently by volunteering in these programs:

Meals On Wheels
~48 volunteers
~Delivering meals 5 days a week
~Volunteering 200+ hours

Senior Commodities
~36+ volunteers unloading, packaging, and delivering senior commodities once a month, contributing 125+ hours

Companionship
~200+ volunteers served at the senior centers providing congregate meals, support to senior veterans and referral resources

How has the RCHD Northeast Montana RSVP addressed these critical needs over the past year?

RSVP volunteers keep senior's living independently by volunteering for:

- Meals On Wheels- there are over 48 volunteers delivering meals 5 days a week, contributing over 200 hours.
- Senior Commodities- there are over 36 volunteers unloading delivery truck, packaging, and delivering senior commodities once every month, contributing over 125 hours.
- Companionship- over 200 volunteers served at the senior centers for congregate meals, visited with senior veterans and assisted in connecting them to critical resources, and visited with seniors in various support groups.

Volunteer jobs RSVP volunteers have served at:

- Senior Companionship
- Non-profit Thrift Shops
- Food Delivery
- Emergency Response & Blood Drive
- Community Assessments
- Area Museums
- Libraries
- Schools
- Medical Facilities
- Animal Support
- Nursing Homes/Convalescent Centers
- Senior Centers
- Service Organizations
- RSVP volunteers 55 and older served:
- In over 21 workstations and volunteer jobs
- Served over 16,240.50 hours in 2015
- Made up for over 118 of the overall volunteers serving Northeast MT RSVP

The RSVP program had a wonderful and exciting 2015 with successful projects and new changes. The Northeast Montana RSVP program was previously divided into two separate grants. The first grant covered Richland & McCone counties and the second covered Daniels, Roosevelt and Sheridan counties. In 2015 the RCHD was awarded a grant amendment to combine the two grants, thus making managing the financial and programmatic portions of the grant easier and more comprehensive.

The program has also had new staff changes with the hiring of, Jessica Davies, as the new Program Director. We are excited to still have long time employee, Rita Jacobson, overseeing the workstations and volunteers of Richland & McCone counties as Lead Program Coordinator. We are currently in the process of hiring another Program Coordinator for Daniels, Roosevelt & Sheridan counties. The program coordinators play an important role in personal relations with the volunteers and workstations.

Volunteers worked with committee's and community members on special RSVP & workstation projects:

- Martin Luther King Jr. mentoring projects, in elementary schools in Daniels, Roosevelt and Sheridan counties and teaming up with the Senior Companion program for a project at Headstart in Glendive
- Senior Coalition Color Race, fundraiser to assist independent living seniors with; financial assistance for Life Alert, handyman services to install ADA handrails, and medication assistance
- Annual Community Wide Conference
- Richland County Community Health Assessment, to identify Public Health needs throughout all communities in Richland County
- Veterans Stand Down, connecting veterans to critical services and resources.
- Flu Clinic, blood drive, health fair
- Vison & Hearing Screenings for elementary students
- Red Ribbon Week Anti-Drug Event

- Harvest For Seniors Project, local gardeners & farmers donate fresh produce that is distributed to seniors
- Salvation Army Red Kettle Program & volunteer Recruitment
- Veteran's Christmas Stocking Project, visit senior veterans throughout Northeastern Montana to provide companionship, deliver critical supplies and connect them with resources

RSVP is looking forward to what 2016 brings!

Building Public Health Capacity

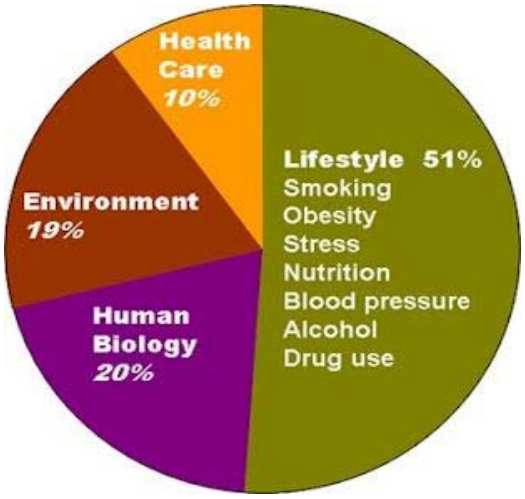
BUILDING PUBLIC HEALTH CAPACITY

Financial Report

Prevention							
Program	***Budgeted***	***Actual***	***Grant Funds***	***County Funds***	***Charges***	***Donations***	***Value Added***
Immunizations	$ 248,345.00	$196,396.00	$ 5,034.00	$ 38,308.00	$153,054.00		Number of people receiving immunizations/ Immunizations given
Cancer Screening	$ 7,500.00	$ 4,800.00	$ 4,800.00	$ -	$ -		Number of people being screened for cancer
Car Seat Program	$ 5,000.00	$ 749.00	Car Seats Received	$ 5,000.00	$ -	$ 548.00	car seats and education
Family Planning	$ 90,241.00	$ 54,235.00	$ 36,000.00	$ 183.00	$ 18,051.00		people served
WIC	$ 25,803.00	$ 27,768.00	$ 27,768.00	$ -	$ -	$ -	People served and revenue to local businesses
Promotion							
Program	***Budgeted***	***Actual***	***Grant Funds***	***County Funds and/or *In-kind***	***Charges***	***Donations***	***Value Added***
DUI Taskforce	$ 11,027.00	$ 9,443.00	$ 10,000.00	$ -	$ -	$ 4,120.00	
Injury Prevention	$ 7,580.00	$ 6,445.00	$ -	$ 6,445.00	$ -	$ -	
Comprehensive Cancer Control and Chronic Disease Prevention (MCCP)	$ 145,684.00	$ 92,320.00	$ 145,684.00	$ -	$ -	$ -	
Cancer Coalition	$ 41,500.00	$ 3,334.00	$ -	*	$ -	$ 12,087.00	# of people served/ funds generated
Tobacco Use Prevention (MTUPP)	$ 42,320.00	$ 32,262.00	$ 42,320.00	$ -	$ -	$ -	
Maternal and Child Health (MCH)	$ 48,291.00	$ 39,719.00	$ 11,029.00	$ 35,000.00	$ -	$ -	
Parents As Teachers (PAT)	$ 81,999.00	$ 53,890.00	$ 81,000.00	$ -	$ -	$ -	
Retired Senior Volunteer Program (RSVP)	$ 228,643.00	$228,643.00	$ 191,045.00	$ 37,598.00	$ -	$ 27,000.00	
Best Beginnings (Early Childhood Development and Education)	$ 81,000.00	$ 72,900.00	$ 81,000.00	$ -	$ -	$ -	
Montana Asthma Program (MAP)	$ 32,000.00	$ 32,000.00	$ 32,000.00		$ -	$ -	
Nutrition and Physical Activity Program (NAPA)	13802	5653	0				Policies/ Transportation and Growth Policy/ Bike Lane
Protection							
Program	***Budgeted***	***Actual***	***Grant Funds***	***County Funds***	***Charges***	***Donations***	***Value Added***
Emergency Preparedness	$ 46,978.00	$ 46,101.00	$ 39,432.00	$ 6,669.00	$ -	$ -	LEPC participation/exercises/plans reviewed
Environmental Health	$ 213,147.00	$149,393.00	$ 38,378.00	$ 146,291.00			# of inspections/policies/reviews/education events
Communicable Disease Surveillance	$ 20,567.00	$ 20,567.00	$ 1,200.00	$ 19,367.00	$ -	$ -	
Public Health System Improvement							
Program	***Budgeted***	***Actual***	***Grant Funds***	***County Funds***	***Charges***	***Donations***	***Value Added***
Communities In Action: *Community Assessment and Improvement Plan Up-date*	$ 16,816.00	$ 8,321.00	$ 16,816.00	$ -	$ -	$ 100.00	# of meetings/ county conference
Performance Management System Development	$ 26,001.00	$ 23,029.00	$ 25,000.00				
Accreditation/PH management	$ 158,174.00	$ 128,265.00	$ -	$ 128,265.00	$ -	$ -	
Department Cash Balance:							
$ 1,104,032.00							
***County In-kind funds are**: rent; IT support; maintance; communication and is set on square footage bases but an average was used for purposes of this report @ a rate of $15,000/yr/program							
Total In-kind from County is $225,000.00							

"Communities In Action", a community building process

The community building and strategic planning process known as Communities In Action (CIA), establishes a multi-faceted approach to creating healthy communities in Richland County. This approach looks at what is called the "social determinants of health": Social economic factors, Physical environment, health behaviors and clinical care. The process builds an infrastructure in response to the modern day needs of our community in identifying, developing, implementing, sustaining and evaluation health approaches in community development. In this comprehensive approach, we can share and maximize our resources and develop a system that is sustainable.



The Community Building process includes:

Assessment - Community Involvement

Planning- Action - Evaluation - Sustainability

2015 State of the Community – Countywide Conference

Held March 19-20, 2015

The department provided support to the Richland County Communities In Action (CIA) steering committee in planning this year's conference held in March. The conference consisted of an open house on Thursday night with a display from each action group and a timeline of all the work CIA completed since its inception in 2000.

We had a guest speaker and facilitator for the event: Karen McNenny. We had over 100 individuals in attendance and they represented various agencies, organizations, and interested citizens. Students from the Sidney High School government and history classes attended and provided very valuable in-put.

Karen McNenny addressed a group of community members

Les Anderson, Co-Chair of "Communities In Action" Steering Committee"

We had a guest speaker and facilitator for the event: Karen McNenny. We had over 100 individuals in attendance and they represented various agencies, organizations, and interested citizens. Students from the Sidney High School government and history classes attended and provided very valuable in-put.

The second day included work on strategic issues under four major areas. Questionnaires were sent with the November 2014 tax statements and the following areas were determined to important to Richland County residents:

EDUCATION

SAFETY

HEALTH

RECREATION

WE RECEIVED OVER 200 SURVEYS

Karen facilitated a discussion about how the community can work together to find ways to maintain and improve Education, Safety, Health and Recreation in Richland County.

Small group discussions were formed to discuss the four areas the community thought were important.

EDUCATION:

How do we, as a community, embrace and support early childhood providers and educators?

Barriers	Micro Actions
▪ Intimidating and confusing Regulations ▪ Competition and conflicting beliefs of licensed vs unlicensed providers ▪ Confliction views on what available space should be used for ▪ Unwillingness to invest resources in lower ROI (Return on Investment) activity – don't see bigger benefit to community ▪ Diminished ability to take lower paying jobs ▪ High competition for labor pool	▪ Centralize existing resources to accessible location ▪ Identify available funding and grants ▪ Connect Job Service resources for staff with potential providers ▪ Create incentives (tax waivers?) to start a provider ▪ Identify businesses who could us childcare as an incentive for their staff

How do we increase education opportunities for all resident of Richland County while engaging community stakeholders in the process?

Barriers	Micro Actions
▪ Outdated education philosophy revolution in education (technology) ▪ Technology is an obstacle for middle aged generations and up ▪ Unclear vision/role of community and education (Who is going to do this?) ▪ Time (we vs me) ▪ Differing Perceptions ▪ Weakened communication ▪ Change of process ▪ Disorganized	▪ Identify stakeholders (volunteers, educators, businesses, parents, students, owners ie. all players) ▪ Creating a vision of community Education ▪ Mission Statement ▪ County wide needs assessment ▪ Finding or creating an Action group for education ▪ Prioritizing the county education needs ▪ Develop and Action Plan

HEALTH:

How do we improve and/or expand existing health related service in the Community?

What needs to be done to expand the range of mental, behavioral, and emotional health services in Eastern Montana to ensure accessibility and treatment closer to home and to improve quality of life? (Mental Health)

Barriers	Micro Actions
▪ Stigma – outdated perception of who needs ▪ Denial – attitude that there are no mental health problems here ▪ Funding – competition for money ▪ Limited desire to address the issue until it affects you personally ▪ Workforce and workforce population to support number of care providers ▪ Regional areas: geography and time to plan ▪ How to get information to churches? • Are there faith communities that provide services that are not known ♦ Unilateral pieces ▪ Privacy/Confidentiality Issues • Have to have it • Can hinder communication and education ▪ Very personal issue ▪ Independent nature and culture • Needed to settle the area, but can be a barrier ▪ Fragmented places to find service related/program information	▪ **NOTE 1:** We have two residents trained and able to present Mental Health First Aid • No courses scheduled at this time ▪ **NOTE 2:** Assist Course ▪ Brochure: Similar to our "Are you new to Richland County ?" brochure ▪ Schools: • Sidney/Alta – care (Elementary and Sidney Middle School) • Lambert – Linda Farber (through suicide prevention grant) ▪ Kathy Helmuth will find Glendive notes from regional mental health meeting and give to LAC. ▪ LAC research current legislation to see if it will benefit Eastern MT ▪ LAC take steps as appropriate to support a possible crisis stabilization center

SAFETY:

How do we create an environment where people are aware of, committed, accountable, and responsible for their safety and the safety of others?

Barriers	Micro Actions
▪ We don't know our neighbors ▪ Us vs Them ▪ Separation of Communities ▪ "Usual Suspects" are TIRED ▪ Getting new people involved ▪ Geographic size ▪ No Accountability – Playing Victim ▪ Missing Communication Avenues ▪ Increasing Communication between invested parties	▪ Target sub group ▪ Create ripple ▪ Grassroots efforts ▪ Need Communications plan ▪ Lead by Example

RECREATION:

How do we raise awareness of the recreation opportunities available in Richland County and create more opportunities for all age groups throughout the year?

How do we promote and embrace a culture of community health and wellness?

Barriers	Micro Actions
▪ Fragmented communication between groups working on similar projects ▪ Being afraid of change and leaving comfort zone (volunteers) ▪ Reaching and engaging new people, preventing burnout	▪ Identifying what stakeholders are involved ▪ Create a central location to house all the information (Media Plan) and develop our message and make it unified.

2015 Community Quality of Life/Health Assessment

As part of the community building process, assessment is an essential step. It was time to up-date our assessment data and the health department, Sidney Health Center, the CIA Steering Committee, and the Public Health and Safety Division of the State Department of Public Health and Safety collaborated to complete a community assessment. We used a method called CASPER to collect primary data to improve the understanding of the health status and quality of life of people living in Richland County. CASPER stands for Community Assessment for Public Health Emergency Response. Although CASPER was created for use during and/or after an emergency, many states have adopted the process for community health assessments as well. For a complete report you can visit our web-site.

Maci Holst & Natalie Roth

Thank you to our summer intern from MSU, Maci Holst and a past MSU intern (who we continue to call back) Natalie Roth. They were the organizers of the event! Also thank you to the over 45 volunteers that helped us collect the data so quickly.

Thank you to all these great volunteers!

Volunteer Training

Jessica Davies, RSVP Director

Goals for 2016

Thank you to the support of our County Commissioners, partnering organization and the residents of Richland County for a successful 2015.

In 2016 we hope to:

- Become an accredited Public Health Department.
- Complete a new Richland County "Quality of Life" Strategic Plan.
- Strengthen the structure of the Community Building Process to engage more residents.
- Continue to improve the quality of Public Health services in Richland County.

Department Strategic Plan Development Activities

Our strategic planning process began with work with Karen McNenny in March 2015. She helped us rediscover our purpose. This was the kick off to up-dating our department strategic plan. Local data was reviewed and departments looked at their programs to determine a three year plan to meet their goals and have an impact on public health issues in Richland County. At this first meeting the department staff agreed that public health accreditation was important to the future of public health in Richland County. The accreditation requirements set the plan for building our capacity to provide quality public health services.

The department identified our core activities:

- Strategic Alignment
- Culture of Quality
- Customer Focus
- Leadership
- Transparency

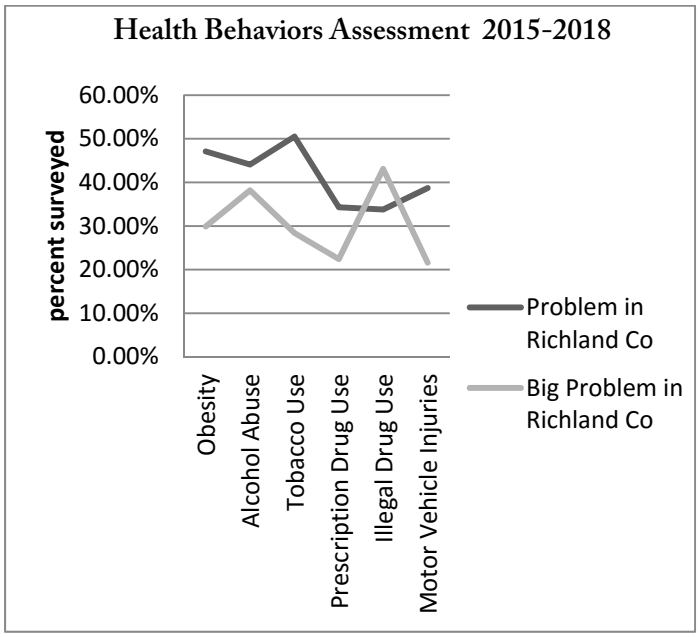
These activates occur in every program or function of the department and these activities were taken into account as the strategic plan was reviewed and up-dated. The Plan was then reviewed based on the results of the community conference and assessment. Finally, a measure was identified for each strategy. The plan was completed in December 2015 and covers three years from 2016 -2019.

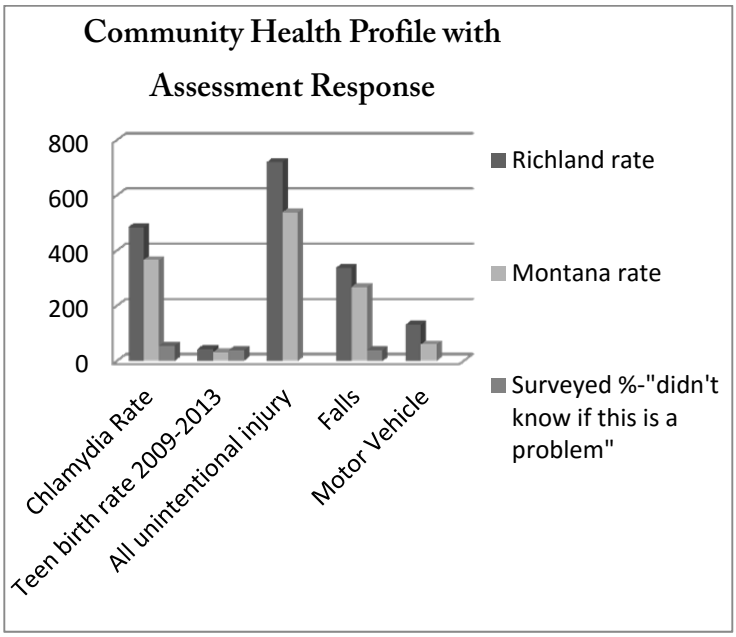
Community Survey Assessment Data

Quick Facts

Community Assessment *Quick Facts*

Health Behaviors



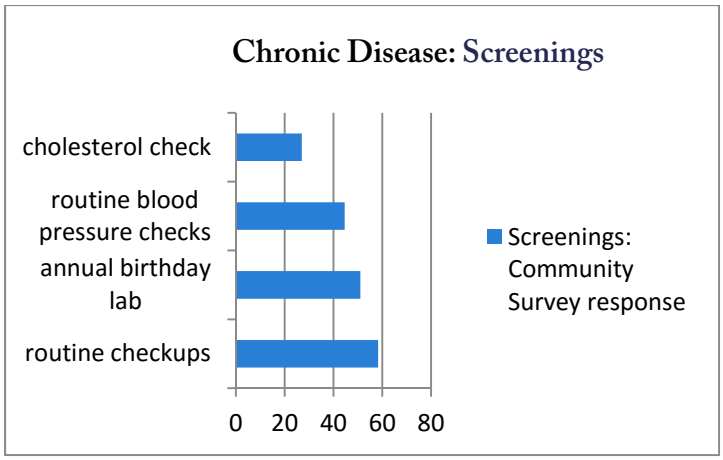


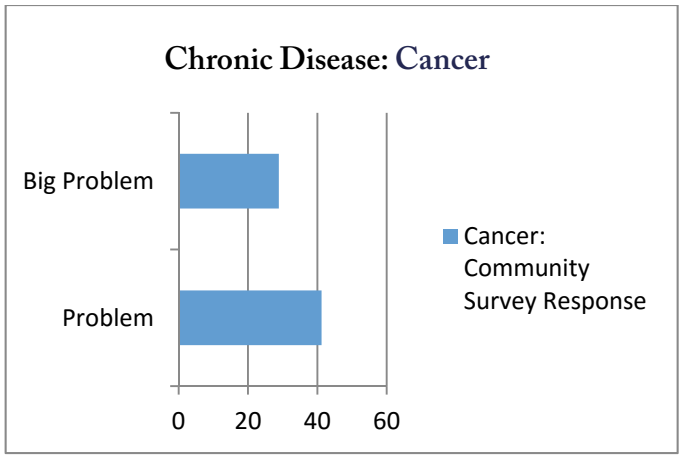
Centers of Disease Control (CDC) Community Health Status Indicators:

Binge Drinking: 22.8% of adults who report binge drinking in Richland County

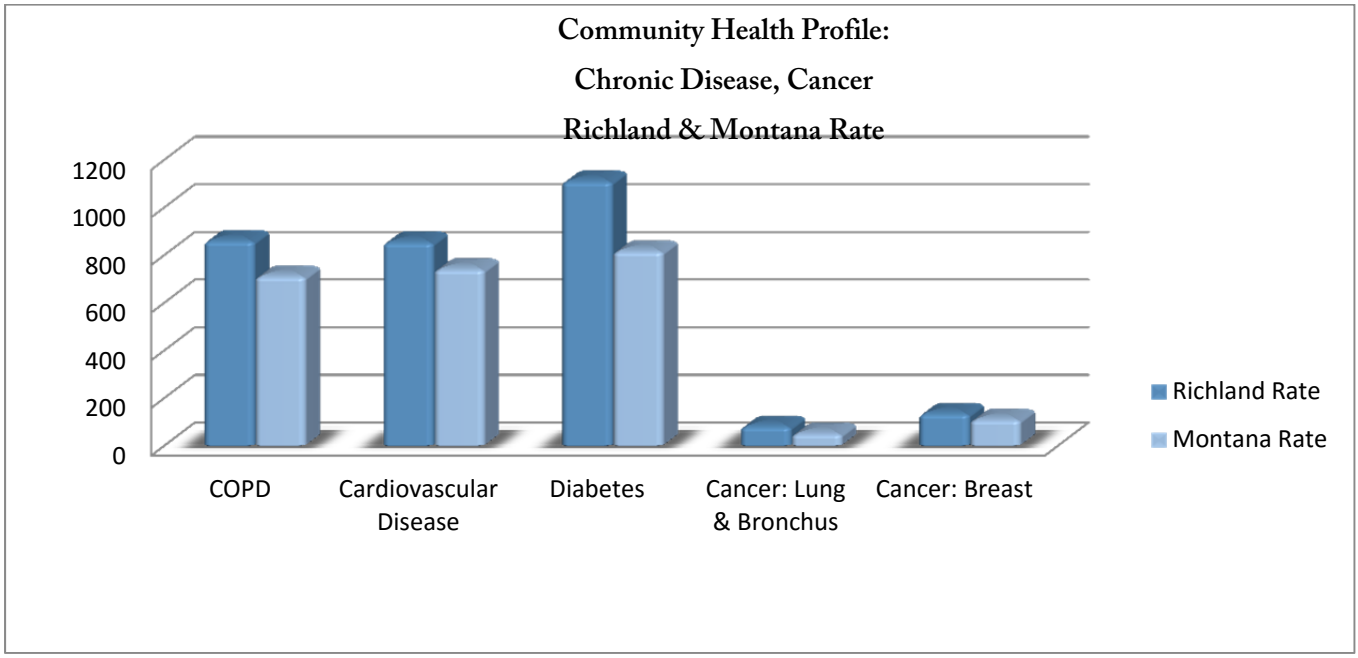
Physical Inactivity: 25.8% of adults that report no leisure time physical activity.

Chronic Disease





Chronic Disease (continued)



Routine Dental check-up:

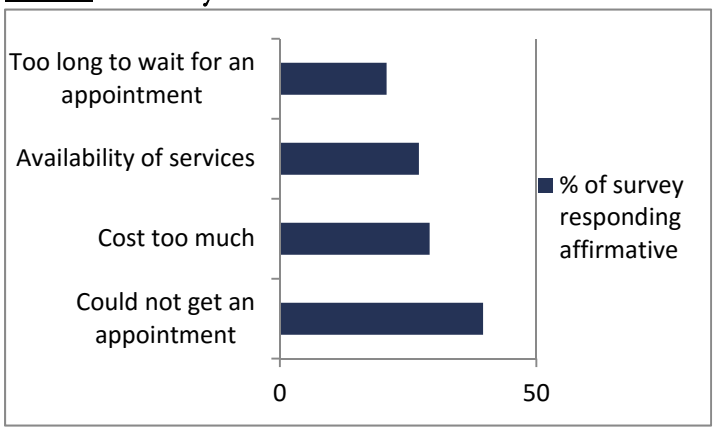
21.7% have not had a dental checkup in 3 years or more.
16.3% have not had a dental checkup in over 5 years.

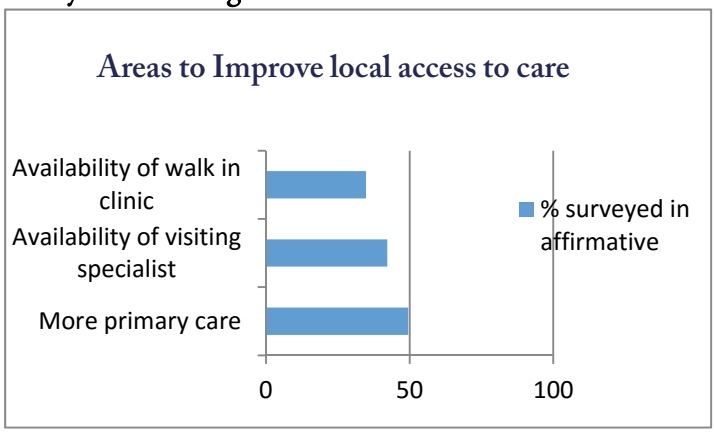
Awareness of Programs that help pay for health care:

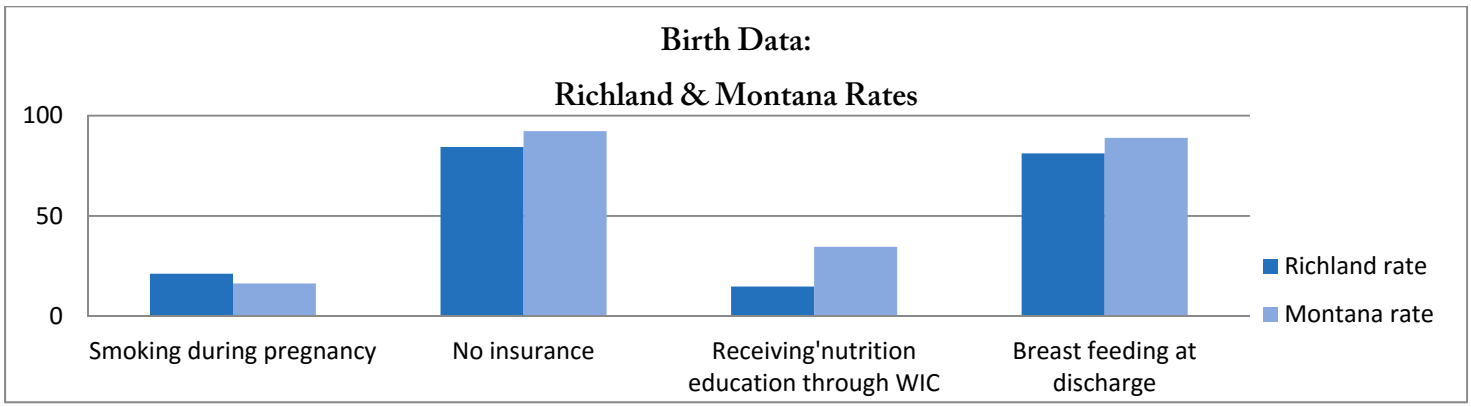
30.2% not aware of programs that help pay for health care.

Could not get the health care services needed:

23.8% said they had a time in the last 12 months where they could not get needed health care services.







Mental Health

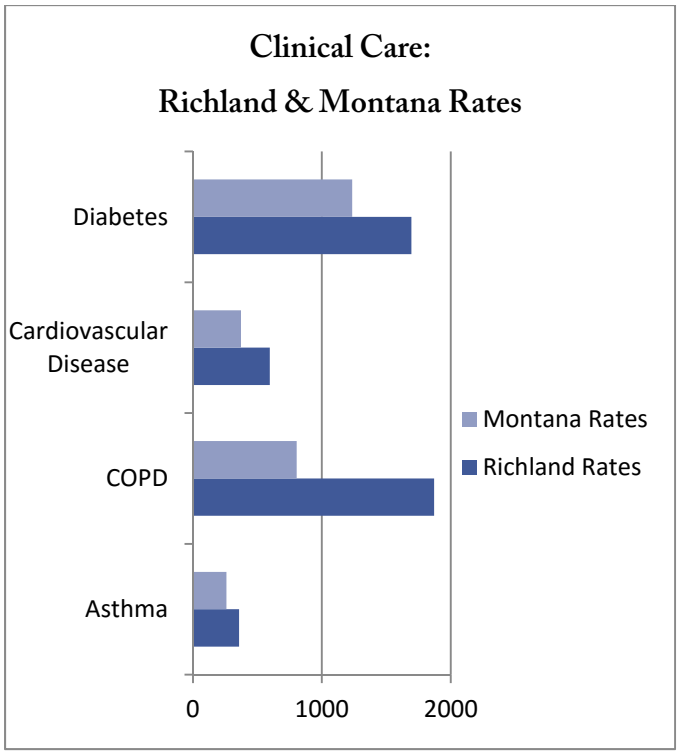
Awareness of services:

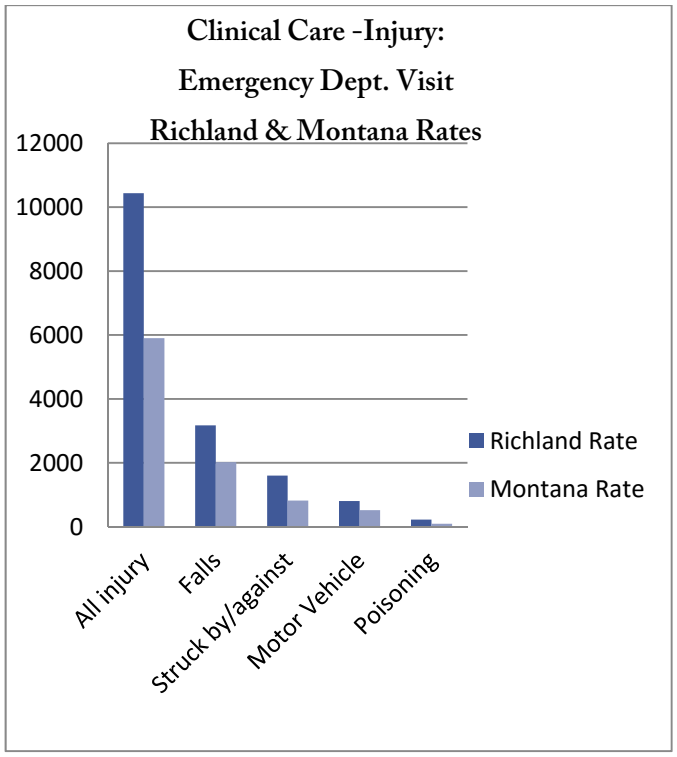
32.2% did not know where to refer someone with Mental Health issues.

32.8% did not know where to refer someone with substance abuse issues.

30.4% said they would refer to Alcoholics Anonymous.

Clinical Care





Social and Economic Factors

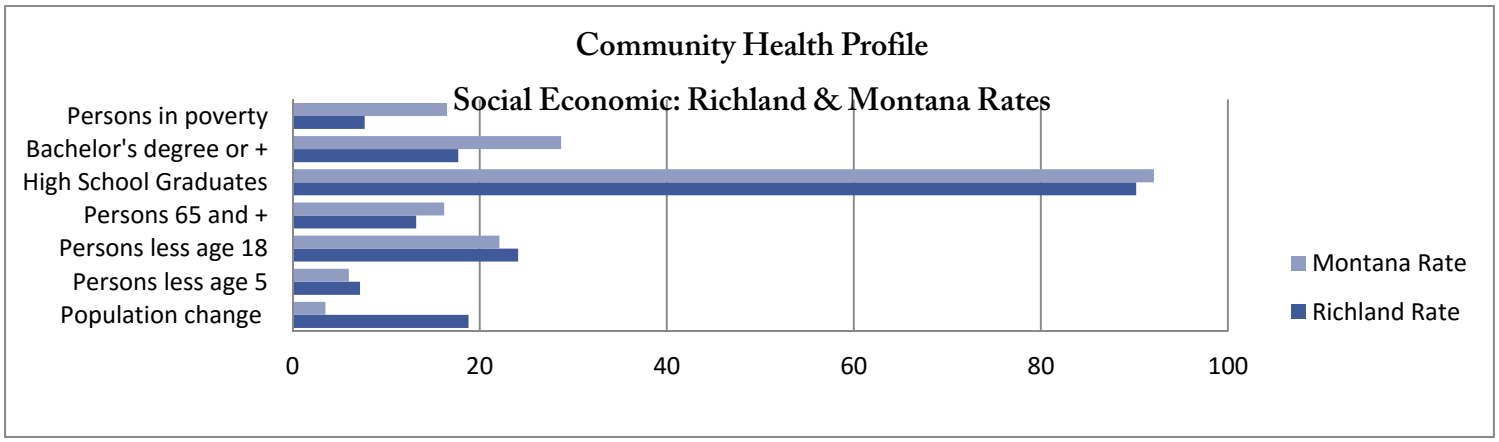
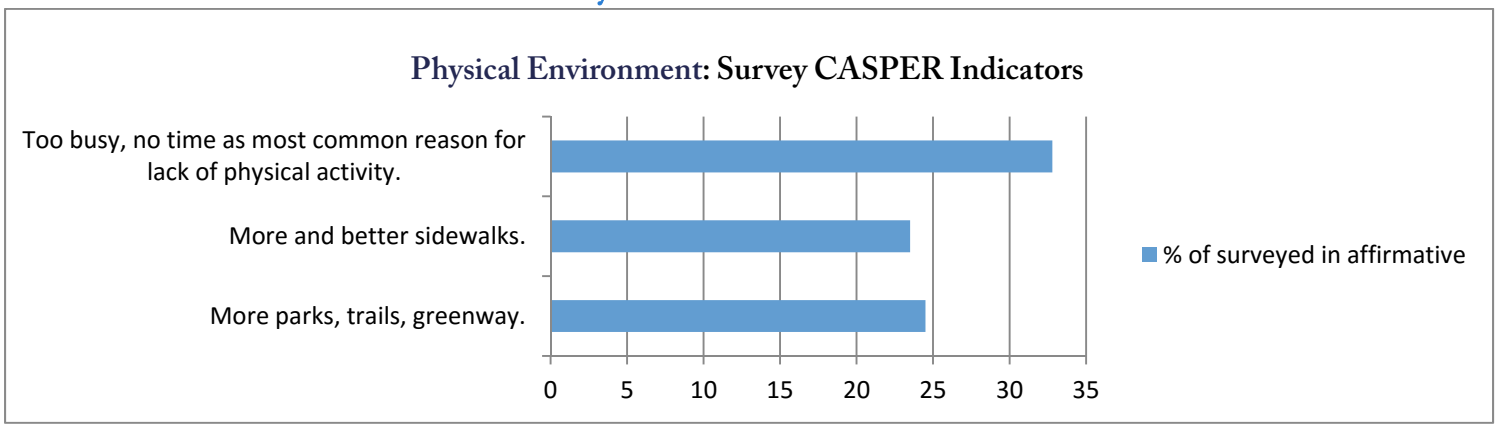
SURVEY-CASPER indicators:

- Affordable housing in the top four most important to a healthy community.
- Good Schools in the top four most important to a healthy community.
- Good jobs and a healthy economy in the top four most important to a healthy community.
- Education: 57.8% said that K-12 education is most important for our community; 33.3% said that earl childhood was most important.
- Education Resources: 32.4 didn't know where there was a lack of resources; 28.4% said early childhood and 25.5% said K-12 education was lacking resources.

Issues considered, big problems in Richland County:

- Availability of affordable childcare:
- Availability of affordable housing:

Transportation: identified as a big problem; however has been recently resolved with the bus and taxi options.



Physical Environment